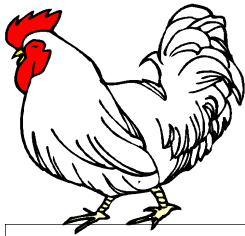




# Schoharie County 4-H CHRONICLE

Winter 2011

A Publication of Cornell Cooperative Extension Schoharie County



## Poultry 101

Sat. Feb. 5, 1 pm  
at the Extension Center

The 4-H Program is offering this workshop for youth who are interested in raising and showing poultry. Members who are new to poultry science as well as more experienced members are welcome. Guest speakers will be Bob Allison and Carrie Enyart. Topics to be covered will include: Breed selection, the right bird for the right purpose; Tips for exhibiting at shows and fairs; care, feeding and housing of chickens; egg grading and judging. There is no fee but registration is requested so that we may have enough educational materials available. Please call the 4-H Office at 518-234-4303 with questions or to register.

### **NYS 4-H Foundation Opportunity Scholarship Program**

The NYS 4-H Foundation believes in the need to provide dedicated, hardworking youth with an opportunity to obtain an advanced degree and distinguish themselves in productive careers that will benefit society. The NYS 4-H Foundation and generous sponsors are pleased to provide scholarships to members for their accomplishments as a result of 4-H experiences. Eligible applicants must be enrolled 4-H members who have been active with 4-H for at least one year, and who are enrolled or planning to enroll in an accredited university, college or technical school. Applications require a letter of recommendation from the local 4-H office and must be RECEIVED by the NYS 4-H Foundation no later than February 15, 2011. Complete instructions and application materials can be found online at <http://www.nys4hfoundation.org> or by calling the Schoharie 4-H Office at 518-234-4303. Please allow at least one week for the letter of recommendation from the 4-H Office. Contact us if you have any questions.

## 4th Annual Cabin Fever Cooking Challenge General Information Contest Date is Saturday, January 29, 2011



Feeling a little cooped up? Cooking can help you beat those winter blues. The Cabin Fever Cooking Challenge is an adventure for 4-H members who are looking to extend their cooking experience beyond those goodies that can be entered at the Sunshine Fair.

### How does it work?

**Step One:** Select a recipe, complete and return the attached entry form. Entry Forms must be received by Monday, January 24.

**Step Two:** If this is your first entry in the Cabin Fever Cooking Challenge, you must complete the attached Beginner Worksheet. If you have previously entered an exhibit in the Cooking Challenge you do not need to do the worksheet.

**Step Three:** Put on your chef's hat and start cooking. Entries may be dropped off at the Extension Center on Friday, January 28 between 8:30 and 4:30 OR Saturday, January 29 between 9 am and noon. Entries will be evaluated on Saturday January 29 at the Extension Center. Unlike fair exhibits, youth do not have to present their entry to the evaluators.

**Step 4:** Come to the Extension Center in Cobleskill at 1 pm on January 29. The Extension Center is located at 173 South Grand St. across from the Cobleskill Fairgrounds. Evaluators will meet with each exhibitor to provide feedback and ask questions about the entry. Prizes will be awarded after all youth have met with evaluators. Family members are welcome to stay to enjoy samples while cooks meet with evaluators. Youth must be present, and must have submitted a completed Worksheet( to be eligible for the top prize.

### Prizes:

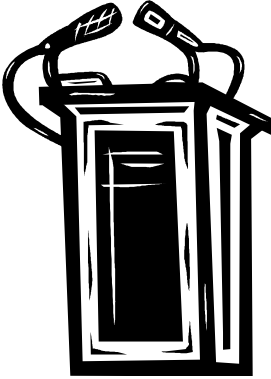
The prizes: The top prize a gift certificate worth \$50.00. Other prizes will be awarded in other categories depending on the number of entries.



*NOTE The date of the cooking challenge final is January 29. Projects may be dropped off on Friday, January 28 between 8:30 and 4:30 or Saturday January 29 between 9 am and noon. Youth will receive feedback from evaluators starting at 1 pm on Saturday January 29 and awards will be made after all youth have completed the feedback stage. There is no fee to enter. Entry forms must be returned to the 4-H office no later than Monday January 24.*

For an entry form and answers to any questions, contact the Schoharie 4-H Office at 518-234-4303 or 518-296-8310.

**4-H Public Presentations**  
**Saturday, February 12 from 9 am to 1 pm**



Register by calling the 4-H Office at 518-234-4303 no later than Friday, February 4. When you register you will be asked to choose a preferred time block (9 to 11 or 11 to 1). Youth and invited guests are asked to remain on site for the entire time block. Ribbons will be awarded at the end of each time block and camp scholarship(s) will be awarded after all presentations have been delivered. Please have your presentation category selected before you call to register. If you have any questions, call Eileen at 518-234-4303.

**Presentation Categories:**

Demonstration- the presenter shows and explains how to do or make something. A demonstration may be done as a team (no more than 2) but each presenter must have a speaking role and play a significant part in the demonstration.

Illustrated Talk- the presenter uses visual aids such as a poster, clothing, equipment or an animal. Illustrated talks may not be done as a team.

Formal Speech- the presenter aims to persuade, motivate, or inform the audience without the use of visual aids. The speech is written in the presenters' own words, however quotations, poetry, or other imagery may be incorporated into the speech.

Recitation- the presenter delivers a piece of pre-written material using vocal inflection and body language to deliver the piece. Notes are permitted but it is expected that the piece be memorized.

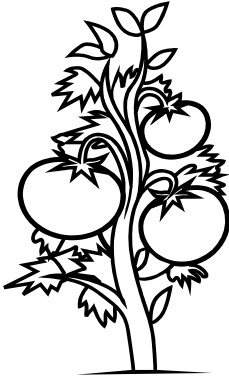
Dramatic Interpretation- the presenter(s) deliver a re-enactment of a piece of scripted material. Props should be simple and minimal. Dramatic Interpretations may be done as a team of 2 presenters but each presenter is evaluated.

The Monologue- My 4-H Story- Spend an easy 5 minutes telling us about your 4-H career. Presentations may include visual aids or slides as needed.

Cloverbuds- ages 5 to 8 (kindergarten to 2<sup>nd</sup> grade)- A very simple demonstration is recommended. Parents, leaders can assist first time presenters.

**CAMP SCHOLARSHIPS FOR BLUE RIBBON WINNERS!**

The top blue ribbon presenter(s) are eligible for a camp scholarship of up to \$100. Scholarship may be used for any 4-H camp including Camp Shankitunk, April Adventures, or 4-H Mini Day Camp. Blue ribbon winners also have the opportunity to participate in the District Public Presentation Event to be held in early April in Albany County.



**Become a 4-H Vegetable Marketing Gardener !  
4-H Price Chopper Vegetable Marketing  
Program Orientation Meeting  
Monday, February 14, 7 pm at Golub Warehouse, Rotterdam**

Learn about growing vegetables and earn money at the same time. Growing vegetables is interesting, gives one lots of great exercise out doors, provides tasty and healthy veggies for the table and can make the grower some money !! Interested ? Price Chopper and 4-H sponsor a special program that provides 4-H'ers the chance to do all of the things mentioned and more !! If you don't belong to 4H, it's easy to join. You must be at least 8 years old and under 19 to participate. No matter where you live you can be part of the 4-H Vegetable Marketing Project. Whether you live in the city, the suburbs or the country, you can learn how to grow and market fresh vegetables. A large space is not needed.

The Golub Corporation (Price Chopper Markets) supplies the seeds, plants and the market for up to \$500 of vegetables per person. 4-H will teach you about gardening. You will also learn how to harvest and market the crops you grow. To find out more about this unique project, come to the Orientation Meeting on February 14th. The meeting is for new project participants to find out if the vegetable marketing project is for you. Please call the Extension Center at 234-4303 if you plan to attend the Orientation Meeting. Applications will be mailed to all previous participants and those who sign up to attend the orientation meeting. For more information please contact Leslie at the 4-H office.



**Critters and Crafts– Winter Workshop  
Wednesday, February 23, 9 am to 4 pm**

Sew and stuff your own uniquely designed critter and find out what it takes to keep it happy and healthy. Make and take pet treats and pet toys for your own or someone else's pets and play some animal games. The cost is \$5.00. Registration deadline is February 18. Please call the 4-H Office to sign up.

**4-H Capital Days in Albany February 28 and March 1**

4-H Capital Days gives youth an opportunity to meet and interact with legislators and tell their 4-H story, create an awareness of career opportunities in New York State government, better understand state government, and network with delegates from other counties. Delegates are chosen by their county 4-H program. The objectives of the program are to achieve a better understanding of the NYS policy process, to gain a better understanding of state and local government relations, to meet with legislators and to meet with other 4-H members from around New York State. The cost for the program is \$150 per delegate. The cost for one chaperone will be paid for by the 4-H scholarship program. Registration deadline is February 1. Please call the 4-H Office for registration materials and more information.

**Winter/Spring 4-H Calendar of Events**  
**Events are at the Extension Center unless otherwise noted**

Horse Quiz Bowl Practice	Fridays at 6 pm until March 18	
Cabin Fever Cooking Challenge	January 29, judging starts at noon	
Poultry 101	February 5, 1 pm	
Horse Arena Day	Feb. 6, 10 am	Fairbanks Stables Richmondville
Public Presentations	February 12, 9 am	
4-H/Price Chopper Vegetable Marketing Orientation	February 14, 7 pm	Golub Warehouse Rotterdam
Winter Break Workshop	February 23, 9 am to 4	
District Dairy Quiz Bowl	March 5, Hoosic Valley School	
Horse Arena Day	March 6, 10 am	Fairbanks Stables, Richmondville.
District Horse Quiz Bowl	March 19	Ballston Spa (tentative location)
District Public Presentations	either April 2 or 9	Voorheesville
April Adventures	April 19 through 21	various locations in and around Schoharie



Sydney Dymes became an expert pancake flipper during the Kids Can Cook Safely Workshop on January 17. 11 4-H members took part in the workshop and made pancakes, scrambled eggs, chicken nuggets and oven fries. They also made their own recipe book to store all the interesting recipes they will soon be making for their families.

The 4-H Chronicle is published monthly by Cornell Cooperative Extension of Schoharie County. 4-H members, club leaders and volunteers are encouraged to submit activity reports by the 15th of each month. Submissions can be emailed to Schoharie@cornell.edu. or mailed or hand delivered to 173 S. Grand St. Cobleskill, NY 12043.

**Your 4-H Staff**

Eileen McGuire–  
4-H Youth Development Program Leader  
Leslie Rigley– Community Educator

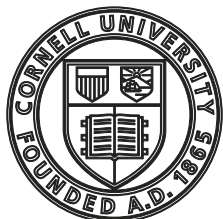
Cornell Cooperative Extension is an Affirmative Action Equal Opportunity Employer.

**LAST CALL FOR RE-ENROLLMENTS**

4-H Re-enrollments were due January 1. If you have not returned an enrollment by February 1, you will be removed from our mailing list. Don't miss out on exciting spring events such as April Adventures, Spring Fever Day, contests, workshops and other events. Members who turn in re-enrollments after February 1 will be charged a \$5.00 late fee.

Not sure if you've returned your re-enrollment? Call the 4-H Office and double check.

Become a fan on Facebook. Schoharie 4-H can be found at Schoharie four-h. Look for announcements, updates and program re-caps.



**Cornell University  
Cooperative Extension  
Schoharie County**

173 S. Grand St.  
Cobleskill, NY 12043-4649

Non Profit Org.

US POSTAGE PAID  
Cobleskill, NY 12043  
Permit No. 9