

Schoharie County 4-H

CHRONICLE

Jan.
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The 4-H Cabin Fever Cooking Challenge

Cooking can help you beat those winter blues. The Cabin Fever Cooking Challenge is a new adventure for 4-H members who are looking to extend their cooking experience beyond those goodies that can be entered at the Fair. The Cooking Challenge is a 3 stage competition.



Stage 1- the Cooking Challenge Skillathon. Every good chef needs a little instruction and encouragement from the experts. The Skillathon will take place on Saturday January 26 at the Extension Center. 4-H members will learn some tricks of the trade for turning an ok recipe into a culinary marvel. Topics for the Skillathon will include safe handling and storage, mixing and measuring ingredients, tools and equipment, and special ingredient reactions.

Stage 2- The evaluation, will take place on Saturday March 1 at the Extension Center in the morning. 4-H members will drop off their cooking creations for evaluation by a panel of judges. Unlike fair exhibits, youth will not have to present their entry to the evaluators, however, youth may be asked questions and will be given feedback during Stage 3. Youth must be present for Stage 3 in order to be eligible for a prize.

Stage 3- Feedback and awards. All youth who enter must be present at the Extension Center in the afternoon of March 1 for feedback and questions from the evaluators. Prizes will be awarded at the conclusion of the program. Family members are welcome to stay to enjoy samples, lite food, and entertainment.

Dates to Remember:

January 26- The 4-H Cabin Fever Cooking Challenge Skillathon

Friday February 15- deadline for entry applications

Saturday March 1- Evaluation, Feedback, and awards- Youth must be present to receive an award.

4-H AfterSchool members who are enrolled in a cooking club should check with the site coordinator for alternate Skillathon dates.

The prizes: the top prize is \$50.00 and a set of cooking equipment. Other prizes will be awarded based upon the # of entries.

To enter: 4-H members must be at least 8 years old and in the 3rd grade to enter this contest. Entry forms will be available at the Workshop on January 26, or afterwards at the Extension Center and each 4-H AfterSchool Program location. Entry deadline is Friday February 15. For more information contact the 4-H Office.

UpComing Events

January Events

Cloverbud Storytelling Workshop	1/12	Extension Center, Cobleskill
science and technology workshop	1/21	Ballston Spa
Photography workshop	1/21	NYS Power Authority
The 4-H Cabin Fever Cooking Challenge Skillathon	1/26	Extension Center, Cobleskill

February Events

Regional Dog Day	2/ 2	Albany Obedience Club
Price Chopper Veggie Orientation	2/11	Golub Headquarters, Rotterdam
Winter Funshine Fair	2/ 12, 13, 14	AfterSchool Program Sites
Winter Break Photography Wkshp	2/ 19	Extension Center

March Events

Cabin Fever Cooking Challenge- Finals	3/1	Extension Center
Dairy Quiz Bowl	3/8	Golding MS
March Dog Madness	3/15	Cornell University
County Public Presentations	3/31	Extension Center

April Events

Regional Horse Quiz Bowl	4/5	Albany County
Ag Literacy Day	4/8	All Schoharie county schools
Vet School Open House	4/12	Cornell University
State Horse Bowl	4/19	Cornell University

4-H Club News

Please send Club updates and information to the 4-H Office by the 15th of each month. Email to: Schoharie@cornell.edu; mail to 173 s. grand st. Cobleskill, NY 12043 or fax to 518-234-4305.

Cobleskill-Richmondville 4-H Afterschool Programs December, 2007

Cooking Express Club with Ms. Mereness made giant gingerbread kids and snacks for the Holiday Train.

Page by Page Book Club with Mrs. Brewster and Mrs. Falzarano made bookmarks in the shape of bookworms. Some bookmarks were donated to Hospice.

Rising Star Drama Club with Miss Rose. Drama Club completed the Christmas plays they were writing called "After School Christmas Special and A Christmas Wish.

Sew It Up Club with Mrs. Sperano made Christmas stockings for a needy family and also beanbags and pillows.

Smart Art Club with Mrs. McCaffery made Mexican Bird rattles, a popular tradition for New Year's, and Max the dog ornament.

Toy Inventors Club with Ms. Gravina built houses out of bricks and cement and made gingerbread houses.

Almost as Unusual as Lightning Striking Twice

We are the all new Critter Fusion 4-H Club. Many of our members show multiple species of livestock and we are now united in one club. Our first meeting was Friday November 30, 2007 at 7:00 pm at the Extension Center. We decided our new name and elected our officers. The new slate of officers are: President Sarah Hay, Vice President- Billy Chandler, Treasurer- Samantha Woreth. Co-Secretaries- JJ Goblet and Matthew Kelley. We plan to have separate work/ educational meetings for individual species as necessary. Katie Scott and Mark Skinner will lead the Poultry group. Kathy Kelley will lead goats. Adam Hay and Mark Fletcher will lead beef cattle. Pigs maybe added in the future. The next meetings are as follows: Goats- January 11th at 6:00PM at the Extension Center- making blankets and fudge. Beef- January 18th at 7:00PM at the Extension Center-Beef Bowl Questions. Poultry-January 25th at 7:00PM at the Extension Center- parts of a chicken. General Business Meeting-February 8th at the Extension Center-logo, community service, fundraisers for show shirts. New members are welcome. We all love Critters and we are uniting or fusing our knowledge. We are Critter Fusion!

Thank You

To all the 4-H members, leaders, parent volunteers and family members who gave so generously to the community this holiday season.

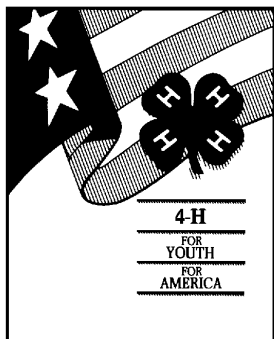
The Holiday Train: the holiday train is Schoharie County's largest event to raise donations for local food pantries. 4-H members, leaders, parent volunteers, and family members baked cookies, brownies, and muffins and then braved the cold and sleet at the Cobleskill firehouse to make this event successful.

Thank you to: Shannon Sears, Cody Sears, Julia Bogardus, Kayla Stanton, Adam Stanton, Ella Scott, Tilda Scott, Harry Scott, Morgan Kraemer, Shannon Vogt, Emily Breitbach, Katie Keenan, Meghan Tice, Cooper Bowersox, Hannah Bowersox, Katie Jaqueway, Elizabeth Goblet, the Cooking Club at the Cobleskill/ Richmondville 4-H AfterSchool Program, as well as parents and families.

Toys for Tots Train: Each December Canadian Pacific and the US Marine Corp. arrive with Santa Claus by train to deliver toys to needy children in Schoharie County. Thank you to Ella and Tilda Scott and Shannon Vogt and their moms who were busy elves making chocolate chip and sugar cookies for the Toys for Tots party.

Thank You also to Milkin' Maniacs who adopted a family and donated a holiday basket of food for Thanksgiving.

4-H Capital Days



The 73rd annual 4-H Capital Days Program will take place on March 3 and 4, 2008. Capital Days is a unique opportunity for 4-H members to learn about government and New York public policy from a state government perspective. Delegates will also have the opportunity to meet with public officials, including our own elected representatives, tour the capital, and learn about career opportunities in New York State Government. Each year over 100 4-H members from around the state attend this event.

There are two options for attending Capital Days:

Commuters: Commuters will be driven to and from Albany each day from a location that is convenient to all delegates and chaperones. Departure times are early as delegates must be on site by 8 am each day. Chaperones will be provided for commuters. The cost is \$80.00 per delegate.

Overnight Delegates: Delegates who stay overnight will take part in games and workshops, and socialize with other delegates from throughout New York State. Delegates who choose to stay over on Sunday night, will have the opportunity to tour the television studios of Capital News 9, the 24 hour news channel operated by Time Warner Cable. The cost for overnight delegates is \$120. Overnight delegates must provide a chaperone. The 4-H program will pay the registration fee for the chaperone.

Delegates attending Capital Days must be 14 years old. Scholarships are available. Contact Eileen at the 4-H Office for more information.

To Register for Capital Days, complete and return the registration form below by January 18 to the 4-H Office: 173 South Grand St. Cobleskill, NY 12043. Call 518-234-4303 or 518-296-8310 if you have any questions.

Youth Name: _____ Age: _____

phone: _____ when is the best time to call? _____

Choose One: _____ Commuter (\$80) _____ Overnight (\$120) Monday only _____ Sun. plus Mon

Chaperone Name: (for overnight delegates)

_____ Phone: _____

Choose department to visit on Tuesday, write in 1 for first choice or 2 for second choice:

_____ Motor Vehicles _____ Parks and Recreation _____ Ag and Markets _____ Health _____ Corrections
_____ NYSERDA (New York State Energy Research and Development Corp.)

Please list any special dietary needs: _____

Please list any special accommodations: _____

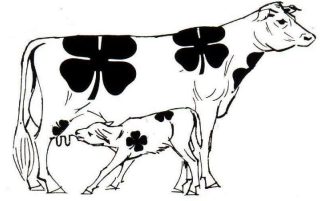
New York Junior Holstein Association Scholarship

2008 Holstein Calf Scholarship Award

For youth ages 12-15 years of age as of January 1, 2008. Youth must have the facilities to house and raise the calf and must be willing to show the calf.

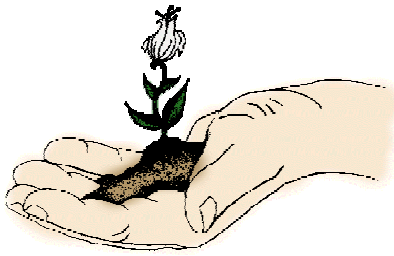
Applications must be postmarked on or before February 20, 2008. The calf will be awarded at the Spring Carousel in Syracuse in April.

Applications are available at the 4-H Office or upon request from the NYS Holstein Office, 957 Mitchell Street, Ithaca, NY 14850 or online at nyholsteins.com.



Become a 4-H/Price Chopper Vegetable Grower!

The 4-H Price Chopper Vegetable Marketing program is an exciting opportunity for youth to learn about growing and selling vegetables. Youth can grow a variety of vegetables including swiss chard, cherry tomatoes, pie pumpkins, snap peas, beans, and squash. Vegetables are grown in your home garden and sold back to Price Chopper in Cobleskill (or other participating locations). A youth may earn up to \$500 per season.

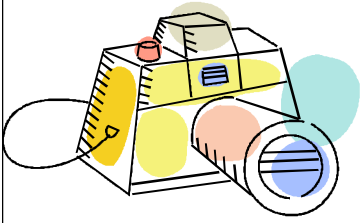


Participation is easy. Here's how you get started:

1. Call the 4-H Office at 518-234-4303 to get a complete registration packet
2. Attend the Orientation Meeting on February 11, at Golub Headquarters to learn how to plan your garden and complete the order forms for seeds and plants.
3. Plan your garden and submit seed and plant orders to 4-H Office by March 3.
4. Pick up your seeds in early April
5. Pick up tomato plants on Saturday May 10.
6. Prepare your garden, plant your vegetables
7. Weed, Weed, Weed.
8. Deliver vegetables to Price Chopper according to instruction.

Whether you live in the city, the suburbs or the country, you can learn how to grow and market fresh vegetables. A large space is not needed. The Golub Corporation (Price Chopper Markets) supplies the seeds, plants and the market for up to \$500 of vegetables per youth. 4-H will teach you about gardening and provide technical assistance through the master gardener program. You will also learn how to harvest and market the crops you grow.

To have a registration form sent to you, or for more information, please contact Eileen or Leslie at the 4-H Office, 518-234-4303.



Photography Workshop

**Monday, January 21, 1-4 pm
NY Power Authority, Blenheim**

Here is your chance to get a jump start on a project for the Sunshine Fair. Join local photographer Judy Ehrlich for an introduction to digital photography. Youth will learn to use a digital camera while being introduced to basic photographic techniques such as composition and lighting. Youth will also learn about printing photographs and creating an album or collection of photographs. Field experience will be an important part of the workshop. Cameras and printers will be provided. Youth may bring their own cameras but we may not be able to print photographs. If bringing your own camera, be sure to also bring a USB cable.

This workshop is open to youth ages 8 and up. Space is limited so pre-registration is required. Priority will be given to currently enrolled 4-H members. There is a \$5.00 fee.

To register or for more information, call the 4-H Office at 518-234-4303 or 518-296-8310.



Regional Dog Day

**Saturday February 2
10 am to 12 pm**

Albany Obedience Club, Glenmont

Join 4-H members from Albany, Rensselaer, and surrounding counties for a fun day with dogs. Regional Dog Day will feature demos and talks from a professional groomer and a massage therapist. Learn how to start a drill team from someone who has done it.

A limited number of dogs will be permitted with permission in advance. For more information about bringing your dog, contact Joan Baim at Albany County 4-H, 518-765-3542. RSVP by January 31st by calling Joan, or the Schoharie County 4-H Office at 518-234-4303. There is no fee for this program.

Teen Winter Weekend

February 15- 17

Camp Oswegatchie (Lewis County), Croghan NY

Cost: \$50.00 for youth; \$25.00 for chaperones

Deadline: February 4, 2008

The 2008 program includes: Cross Country Skiing, Hands on Workshops, Snowshoeing. Teens from Jefferson and Lewis Counties are working together to plan themes and workshops. For more information, or to register for this program, contact the 4-H Office at 518-234-4303 or 518-296-8310.



Winter Weekend at Camp Oswegatchie– 2005. From left to right: Nicole Young, Jennie Tansey, Tiffany Slater, and Nicole Vogt.



Shooting Sports Instructor Workshop

February 22, 23 and 24

4-H Training Center, Ballston Spa

The 4-H Shooting Sports Program annual winter workshop will certify leaders as 4-H Shooting Sports Instructors. The workshop will feature the following disciplines: Rifle, Pistol Archery, and Muzzleloading. Adult participants will be certified to teach the discipline to 4-H youth as part of the 4-H Shooting Sports Programs or in a camp situation. Adults will be able to complete requirements for only one discipline. All equipment will be supplied.

The fee is \$75 but reimbursements are available to adults who volunteer with the Schoharie County 4-H Program. Registration forms are available by contacting the Schoharie County 4-H Office at 518-234-4303.

The 4-H Chronicle is published monthly by Cornell Cooperative Extension of Schoharie County. 4-H members, club leaders and volunteers are encouraged to submit activity reports by the 15th of each month. Submissions can be emailed to Schoharie@cornell.edu. or mailed or hand delivered to 173 S. Grand St. Cobleskill, NY 12043.

Your 4-H Staff

Eileen McGuire—
4-H Youth Development Program Leader
Leslie Rigley— Community Educator

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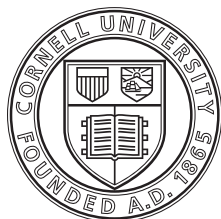
Last Chance for Re-enrollment



Have you turned in your Re-enrollment Form? If you do not turn in your Re-enrollment form you will be dropped from the mailing list. This will be your last issue of the 4-H Chronicle if we do not receive your re-enrollment by February 1.

Remember- If you turn in your re-enrollment form after February 1, there will be a \$5.00 late fee. If you are not

sure whether we have received your form, please call the 4-H Office.



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